



Horses & Ponies Etcetera!

EQUINE
THERAPYCENTER

Level 1 Issue 3: The Bridle

A series of educational fact sheets by the Equine Therapy Center, with Monty and Timothy.

Some horses aren't ridden in a bridle, they can wear a headcollar, or nothing at all!



About the Bridle-

The Bridle is what we put on a horse's head so that we can ask them to turn, slow down and stop.

There are many different types of bridle, the one shown below is an English Bridle. Bridles are usually made of leather, but can also be made of synthetic leather or nylon webbing.

Horses are trained to respond to the use of the reins, for example if pressure is put on the left rein, they know to turn to the left, and if pressure is put on both reins, they know to stop.

Head Piece-

The head piece sits behind the ears of the horse.

Browband-

The browband sits in front of the horse's ears, underneath the forelock. There are many different types of browband, from plain leather to diamanté!

Nose Band-

Not all horses wear a noseband, its main function is keeping the bridle in place.

Reins-

The reins are what the rider holds in their hands, and use to ask the horse to turn, slow down and stop.

Throat Lash-

The throat lash goes under the horse's head, and keeps the bridle on.

Cheek Piece-

The cheek pieces can be used to adjust the size of the bridle.

Bit-

The bit goes in the horse's mouth, and sits above the tongue. There are many different types of bit. Not all horses wear a bit, many are ridden in bitless bridles.



Lets unscramble these words, to find what part of the bridle they are.



The scrambled words below are all different parts of the bridle. Help Timothy figure out what they are.

The Bridle

1. BTI _____
2. ORBW BDNA _____
3. KCHEE EPIEC _____
4. SINER _____
5. TTHORA ASLH _____

Monty's Facts about Horses-

1. Because a horse's eyes are on the sides of their heads, they can't see directly in front or behind.
2. Horses have better senses of smell and hearing than humans.
3. The scientific name of the horse is *Equus ferus caballus*.
4. The average horse weighs around 500kg, but this varies with height and breed.



Last issues topic was the Saddle.
How much can you remember?

The Saddle-

1. What does the rider put their foot in?
2. What keeps the saddle on the horse?
3. What is the front of the saddle called?
4. What is the back of the saddle called?
5. How many types of saddle can you name?

